



WE LEARN THROUGH PLAY
WE LEARN TO BE SAFE
WE LEARN TO CARE

Course Option Booklet S5/S6

2024/2025



S5 and S6 Course Options information



Getting it Right for every child is at the heart of what we do at North West Sutherland Schools and from session 2024 we will be changing our curriculum to help raise attainment, support pupils in developing their leadership of learning and offering a wider variety of subjects across the curriculum.

This year we have a variety of courses on offer that include options to study in school, via college and via the new Highland Digital School.

We ask that all S4 pupils returning to S5 choose one subject per column (so 5 subjects in total) and all pupils in S5 returning to S6 choose a minimum of 4 subjects (with the fifth column being study). You will also have core classes in PE, PSE and Humanitarian Education.

There is no wrong path and we are keen for you to develop skills that think will benefit you post school. You should aim to really take courses at Higher level that you have studied previously but in some circumstances that isn't possible so please discuss this with the teacher or myself.

If returning to school there is an expectation on you to want to be here and therefore attendance to classes, punctual submission of course work and development work and an onus on 'giving back' to the school community is not up for discussion. As senior members of the school - you are now role models.

This booklet will help you understand the courses and what we can offer you. You will have a meeting with Mr Price-Davies and Mr Naples-Campbell to hear your thoughts on curriculum choice and to give you some advice that may help.

Good Luck!

Mr Naples-Campbell

Myth Busters



College is for less academic pupils

False!

Colleges offer a huge range of courses at a wide range of levels. They offer a range of vocational training and skills development that is not possible in a school. They have very specialised facilities that a school could never offer. The courses on offer are suitable for pupils with a small number of National 3/4 qualifications and also those with good higher grades. They may offer qualifications you do not recognise, but these qualifications will be recognised and valued by employers. Colleges work closely with employers and universities to make sure their courses prepare young people well for the workplace or further study. Some college places are very competitive with high calibre candidates applying for them.

I need to go straight to university to get a degree

False!

For some pupils, moving to university straight from school is a step too far. They struggle with the workload; they do not cope very well with the level of independent study required or they can choose the wrong course. The drop out rate at university is higher than it should be. You can go to college first, study for an HNC/HND and gain entry into University (sometimes straight into second year). This can be a very positive experience as students gain confidence as the work is at a more appropriate level and progresses at a more suitable rate. The nature of the work can be more relevant and motivating. The skills developed will be of direct relevance to the employment sector you are working within, making you an attractive candidate for employers. There is always the option to move into employment or further study. There may be the opportunity to move into employment with further training being supported by an employer.

I need to study three sciences to be a doctor/vet/etc


False!


You will need five very good Highers usually including Biology (or Human Biology) and two from Chemistry/Physics/Maths. If you have a specific university in mind, you should check with their admissions office for details. Some universities are happy for you to 'top up' with any missing subjects (eg Physics) in S6 providing you get the necessary grades in any subjects in S5.

Progression Routes




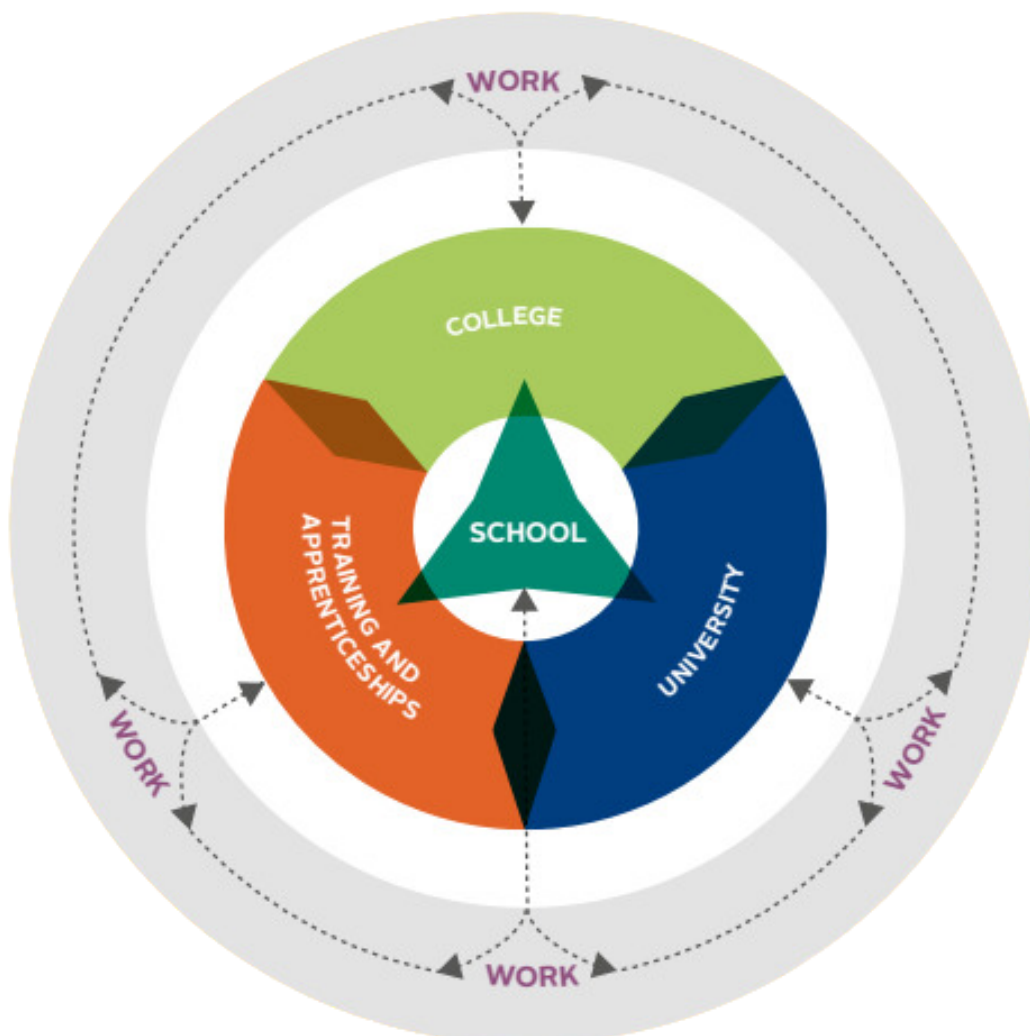
The below Progression routes will help you understand what courses may suit you next academic year.

Pass at N4  National 5 courses or National Progression Awards (NPA)

National 5 Pass  Higher or National Progression Awards (NPA)

National Progression Award (NPA)  National Certificate or Higher

Higher  National Certificate/NPA or Advanced Higher



Qualifications Explained



At our school we offer an array of courses from the Scottish Qualifications Authority (SQA). These courses are sometimes your traditional N5 or Higher Courses but can also be National Progression Awards or Group Awards at SCQF level 4,5 or 6.

The Scottish Credit and Qualifications Framework (SCQF) is Scotland's national qualifications framework. The SCQF supports lifelong learning and can help:

- people of all ages and circumstances to access appropriate education and training over their lifetime, so as to fulfil their personal, social and economic potential
- employers, learners and the general public to understand the full range of Scottish qualifications, how qualifications relate to each other and to other forms of learning, and how different types of qualification can contribute to improving the skills of the workforce

THE SCOTTISH CREDIT AND QUALIFICATIONS FRAMEWORK

This Framework diagram has been produced to show the mainstream Scottish qualifications already credit rated by SQA and HEIs. However, there are a diverse number of learning programmes on the Framework, which, due to the limitations of this format, cannot be represented here. For more information, please visit the SCQF website at www.scqf.org.uk to view the interactive version of the Framework or search the Database.



SCQF Levels	SQA Qualifications		Qualifications of Higher Education Institutions	Apprenticeships & SVQs
12			Doctoral Degree	Professional Apprenticeship
11			Masters Degree, Integrated Masters Degree, Post Graduate Diploma, Post Graduate Certificate	Graduate Apprenticeship Professional Apprenticeship SVQ
10			Honours Degree, Graduate Diploma, Graduate Certificate	Graduate Apprenticeship Professional Apprenticeship
9		Professional Development Award	Bachelors / Ordinary Degree, Graduate Diploma, Graduate Certificate	Graduate Apprenticeship Technical Apprenticeship SVQ
8		Higher National Diploma	Diploma Of Higher Education	Higher Apprenticeship Technical Apprenticeship SVQ
7	Advanced Higher, Awards, Scottish Baccalaureate	Higher National Certificate	Certificate Of Higher Education	Modern Apprenticeship SVQ
6	Higher, Awards, Skills for Work Higher			Modern Apprenticeship Foundation Apprenticeship SVQ
5	National 5, Awards, Skills for Work National 5			Modern Apprenticeship SVQ
4	National 4, Awards, Skills for Work National 4	National Certificate	National Progression Award	SVQ
3	National 3, Awards, Skills for Work National 3			
2	National 2, Awards			
1	National 1, Awards			

Business Management N5/Higher



Anyone who wants to know more about how a business operates and the skills and resources that are required to run a business.

It is one of the most useful subjects for anyone considering applying for an Accountancy or Business degree or hoping to run their own business.

N5

N5 Business Management develops pupils' knowledge of the dynamic, changing, competitive and economic environment of industry and commerce. It develops skills in communicating and presenting business related information to the various stakeholders of an organisation. Developing these skills will enable learners to succeed in life with determination and the ability to think logically.

Course Content:

- Understanding Business
- Management of People and Finance
- Management of Marketing and Operations.

Assessment:

An examination which is worth 90 marks and coursework which consists of an assignment worth 30 marks.

Higher

We all rely on businesses to create wealth, prosperity, jobs and choices. Studying Business Management gives you the opportunity to develop important skills such as problem solving, communication, planning and organising. You will learn through real-life business contexts how organisations operate.

Course Content:

- Understanding Business
- Management of marketing
- Management of operations
- Management of people
- Management of finance

Assessment:

The course assessment has two components totaling 120 marks:

- Component 1: question paper – worth 90 marks
- Component 2: assignment – worth 30 marks.

Progression Routes to Careers: Administration and Management. Animals, Land and Environment, Buying, Selling and Related Work, Communication and Media, Finance, Hospitality, Leisure and Tourism and Housing, Property and Facilities

Art & Design N5/Higher



Art and Design features in many aspects of our everyday lives, from the advertising posters we see on our streets to the special effects we see in films. Almost everything we see or touch has been designed to be visually attractive including mobile phones, clothes, cars, buildings and websites.

The skills that you develop in Art and Design are useful in many different careers, such as architecture: interior design, fashion and textiles, graphics, web design and photography.

N5

The National 5 course is portfolio based and is practical and experiential. Pupils will develop their knowledge of Art and Design practice studying artists and designers in parallel to further enhancing their media handling skills. Pupils are encouraged to use their imagination to broaden their creativity and evaluative and problem solving abilities to support them develop skills for learning life and work.

Course Content:

- Expressive Folio
- Design Folio
- Written Exam

Assessment:

The Design and Expressive Folios are worth 40% each (totaling 80% of the course) and the written exam is worth 20%

Higher

The course provides a broad, investigative & practical experience of art and design. Creativity is the key focus. You will investigate art & design practice by studying artists and designers and their work, whilst learning and developing a range of expressive art and design techniques. This course will allow you the creative inspiration and challenge of communicating your personal thoughts, ideas and feelings through your work

Course Content:

- Expressive Folio
- Design Folio
- Written Exam

Assessment:

The Design and Expressive Folios are worth 40% each (totaling 80% of the course) and the written exam is worth 20%

Progression Routes to Careers: Art and Design, Computing and ICT, Construction, Creative Industries, Hairdressing, Beauty and Wellbeing, Information, Culture and Heritage and Manufacturing Industries

Music N5/Higher



Emphasis is placed on practical activities and there is considerable scope for personalisation and choice through the activities of **composing, understanding, performing and evaluating music** in both individual and group situations. The course is an exciting but challenging one and learners should be aware that a high level of commitment will be required to get the best results. Commitment to attending extra rehearsals at particular times during the course for the performance element of the course is required.

N5

Students studying a course in music should be capable or willing to learn to play 2 instruments. As well as performing, students are also required to learn about musical styles and cultures. The knowledge gained from learning about structure, melody and harmony will benefit students in many ways, including completing composition projects.

Course Content:

- Music Performing
- Understanding Music
- Composition

Assessment:

Question Paper - 35%
Composition: 15%
Instrument One Performance: 25%
Instrument Two Performance: 25%

Higher

Music gives you the opportunity to use your imagination and express yourself in a creative and practical way. It helps you to develop important skills such as: playing a musical instrument, communication, creative thinking, using your voice, composing and arranging music. Students studying a course in music should be capable or willing to learn to play 2 instruments.

Course Content:

- Music Performing
- Understanding Music
- Composition

Assessment:

Question Paper - 35%
Composition: 15%
Instrument One Performance: 25%
Instrument Two Performance: 25%

Progression Routes to Careers: Creative Industries, Health and Wellbeing, Education.

NPA Courses in Art and Music



Art and Music offer a wide variety of courses to suit pupils. We aim to tailor to pupils needs if we can. Below is a list of other courses that are available if you would rather do National Progression Award instead of a National Qualification. If this is the case please speak to Ms Richards or Faculty Head Mrs Paterson in the first instance.

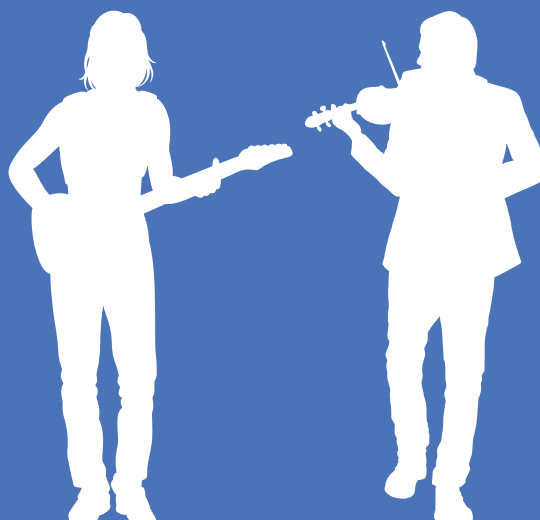
National Progression Awards

NPA in Musical Theatre SCQF 6

NPA Music Performance SCQF 5

NPA Music Performance SCQF 6

NPA Art and Design SCQF 5



Progression Routes to Careers: Creative Industries, Health and Wellbeing, Education.

Physical Education N5/Higher



The main purpose of the Course is to develop and demonstrate movement and performance skills. The central theme of the course is to learn ways to improve individual performances through training, monitoring and reflection. Pupils must have at least 2 sports which they are able to perform equally.

N5

The main purpose of the Course is to develop and demonstrate movement and performance skills in physical activities. By engaging in physical activities, learners can demonstrate initiative, decision-making and problem-solving. The Course also encourages learners to develop a positive attitude towards a healthy lifestyle, and the contribution that physical activity makes to this.

Course Content:

- Performance Skills
- Factors Impacting on Performance

Assessment:

The course assessment has two components totaling 120 marks:

- Component 1: portfolio – worth 60 marks
- Component 2: performance – worth 60 marks.

Higher

Physical Education gives you the opportunity to develop sports performance skills in physical activities. You will develop your movement ability by taking part in team games and solo activities. You will learn about the link between fitness and good health. It is particularly suitable for those who love physical activity and enjoy learning in practical ways.

Course Content:

- Performance Skills
- Factors Impacting on Performance

Assessment:

The course assessment has two components:

- Component 1: Question Paper – worth 50 marks
- Component 2: performance – worth 60 marks.

Progression Routes to Careers: Health and Medicine, Creative Industries, Education, Performing Arts, Sport, Uniformed and Security Services

English N5/Higher



English develops skills in reading, writing, talking and listening. It improves our ability to communicate and to understand. This enables us to engage with the world and lead a full and productive life. The skills that you learn in English will serve you well for the rest of your life and will touch every single area of your life. English will help you to become a more effective communicator and better able to analyse what you read, watch or listen to, as well as articulating what you think and feel. It will enable you to develop skills for learning, life and work

N5

This course helps you understand the complexities of language through studying a wide range of texts, including studying the use vocabulary, word patterns, text structures and style. You will develop high levels of analytical thinking and understanding of the impact of language.

Course Content:

- Analysis and Evaluation
- Creation and Production

Assessment:

The course assessment has three components totaling 100 marks:

- Component 1: question paper: Reading for Understanding, Analysis and Evaluation – worth 30 marks
- Component 2: question paper: Critical Reading – worth 40 marks
- Component 3: Portfolio - Writing – worth 30 marks

Higher

Language and literacy are of personal, social and economic importance. Your ability to use language lies at the centre of the development and expression of your emotions, thinking, learning and sense of personal identity. This course gives you the opportunity to develop skills in listening, talking, reading and writing, which are essential for learning, life and work. You will develop your ability to communicate your thoughts and feelings and respond to those of other people

Course Content:

- Analysis and Evaluation
- Creation and Production

Assessment:

The course assessment has three components totaling 100 marks:

- Two question papers
- One folio

Progression Routes to Careers: Arts, Social Sciences and Languages, Communications and Media, Creative Industries, Information, Culture and Heritage, Law, Teaching and Classroom Support

Spanish N5/Higher



Learning a new language allows you to connect with different people and their cultures. You think, communicate and create ideas through language. Spanish is useful for both business and travel. Around 400 million people worldwide speak Spanish, especially in South American countries such as Mexico and Venezuela. Spain is a beautiful country rich in history and culture, making it a popular holiday destination for British people. And, Spain is also an important trading partner of the UK. Many companies need employees who are fluent in one or more European languages.

N5

The National 5 Spanish course enables learners with some knowledge of the subject to gain a better understanding of the language. You will be exposed to the language over a length to acquire greater fluency in topics within the contexts of society, culture, learning and employability.

Course Content:

- Reading and Writing; Listening
- Assignment – Writing
- Performance – Talking

Assessment:

The course assessment has five components totaling 120 marks:

- Three Question Papers; One for Listening, One for Reading, One for Writing
- Assignment - writing – worth 20 marks
- Performance - talking – worth 30 marks.

Higher

This course aims to help you develop your reading, listening, talking and writing skills in Spanish, in a variety of contexts. You will encounter a wide range of different types of texts in different media. In addition, the course also provides you with knowledge of Spain and the customs and way of life of the Spanish people.

Course Content:

- Understanding Spanish
- Using Spanish

Assessment:

- Component 1: question paper 1 (reading)
- Component 2: question paper 1 (directed writing)
- Component 3: question paper 2 (listening)
- Component 4: assignment (writing)
- Component 5: performance (talking)

Progression Routes to Careers: Arts, Social Sciences and Languages, Hospitality, Leisure and Tourism, Information, Culture and Heritage, Transport and Distribution, Uniformed and Security Services

Mathematics N5/Higher



Mathematics is important in everyday life, allowing us to make sense of the world around us and to manage our lives. Using mathematics enables us to model real-life situations and make connections and informed predictions. It equips us with the skills we need to interpret and analyse information, simplify and solve problems, assess risk and make informed decisions. You will also get to develop skills in the areas of algebra, geometry and trigonometry as well as learn elementary calculus

N5

The overall aim of the course is to develop a range of mathematical operational and reasoning skills that can be used to solve mathematical and real-life problems. The course develops important mathematical techniques which are critical to successful progression beyond National 5 in Mathematics and many other curriculum areas.

Course Content:

- Expressions and Formulae
- Relationships
- Applications

Assessment:

The course assessment has two components totaling 90 marks:

- Component 1: question paper 1 (non-calculator) – worth 40 marks
- Component 2: question paper 2 – worth 50 marks.

Higher

The study of Higher Mathematics develops logical reasoning, analysis, problem-solving skills and the ability to think in abstract ways, as well as offering opportunities for creativity. It is a rich and stimulating subject with the capacity to engage and fascinate learners and has a wide applicability to science, engineering, technology, business, industry and not least to everyday life.

Course Content:

- Expressions and Functions
- Relationships and calculus
- Applications

Assessment:

The course assessment has two components totaling 90 marks:

- Component 1: question paper 1 (non-calculator)
- Component 2: question paper 2

Progression Routes to Careers: Animals, Land and Environment, Buying, Selling and Related Work, Computing and ICT, Construction, Engineering, Finance, Health and, Medicine, Science and Maths, Teaching and Classroom Support, Transport and Distribution.

Apps for Mathematics N5/Higher



This course explores the applications of maths techniques and skills in everyday situations including financial matters, statistics and measurement. The skills, knowledge and understanding you will learn in this course will support learning in other curriculum areas such as technology, health and wellbeing, science and social science.

N5

Through real-life contexts, you will learn how to apply mathematical operational skills that are directly relevant to life and work. You will develop your mathematical reasoning skills, your creativity, and your ability to draw conclusions and make and justify decisions.

Course Content:

- Numeracy skills
- Financial Skills
- Statistical skills
- Measurement skills
- Geometric skills
- Geographical data & probability skills

Assessment:

The course assessment has two components totaling 90 marks:

- Component 1: question paper 1 (non calculator) – worth 35 marks
- Component 2: question paper 2 – worth 55 marks.

Higher

Mathematics is important in everyday life, allowing us to make sense of the world and manage our lives. You will learn how to model real-life situations and make connections and informed predictions. You will develop the skills to interpret and analyse information, simplify and solve problems, assess risk, and make informed decisions. These skills will make you valuable to future employers.

Course Content:

- Mathematical Modelling
- Statistics and probability
- Finance
- Planning and decision making

Assessment:

The course assessment has two components.

- Component 1: question paper
- Component 2: project

Progression Routes to Careers: Animals, Land and Environment, Buying, Selling and Related Work, Computing and ICT, Construction, Engineering, Finance, Health and, Medicine, Science and Maths, Teaching and Classroom Support, Transport and Distribution.

Biology N5/Higher



Biology is the study of all living things, from the tiniest organisms to the largest lifeforms. You will learn how nature and the human body work, and how different forms of life eat, make energy and reproduce. You will also find out how Biology is helping to find solutions to world problems

N5

Biology is a hands-on that develops your skills of scientific inquiry, and analytical thinking, along with knowledge and understanding, by undertaking practical activities in the classroom/local environment. You will research issues and communicate information related to their findings, which will develop your skills of scientific literacy

Course Content:

- Cell Biology
- Multicellular Organisms
- Biology: Life on Earth

Assessment:

The course assessment has two components worth 120 marks:

- Component 1: question paper – worth 100 marks
- Component 2: assignment – worth 20 marks.

Higher

The Higher Biology course develops major biological concepts that make the subject an important and fundamental area of investigative science. It provides a general basis for further study or employment within areas related to Biology. The course develops a more thorough understanding of the biological concepts covered in the National 5.

Course Content:

- DNA and the genome
- Metabolism and survival
- Sustainability and interdependence

Assessment:

The course assessment has three components

- Component 1: question paper 1 (multiple choice)
- Component 2: question paper 2
- Component 3: assignment

Progression Routes to Careers: Animals, Land and Environment, Hairdressing, Beauty and Wellbeing, Health and Medicine, Science and Maths, Sport, Uniformed and Security Services

Chemistry N5/Higher



Chemistry is vital to everyday life and allows us to understand and shape the world in which we live. You will learn about the applications of chemistry in everyday contexts such as medicine, energy and industry, as well as its impact on the environment and sustainability. You will learn how to think creatively and independently, and analyse and solve problems.

N5

You will learn about how we use the Earth's resources, the chemistry of everyday products and environmental analysis. You will find out how chemistry affects our environment and our everyday lives. This will help you to make your own decisions on contemporary issues where scientific knowledge is constantly developing.

Course Content:

- Chemical Changes and Structure
- Nature's Chemistry
- Chemistry in Society

Assessment:

The course assessment has two components worth 120 marks:

- Component 1: question paper – worth 100 marks
- Component 2: assignment – worth 20 marks.

Higher

The study of Chemistry at Higher can make an important contribution to the student's knowledge and understanding of the physical and natural world. The course provides a grounding for the further study in higher education of chemistry and chemistry-related subjects such as environmental and food sciences, and provides valuable background knowledge for vocational training in many areas of health and technology.

Course Content:

- Chemical Changes and Structure
- Nature's Chemistry
- Chemistry in Society

Assessment:

The course assessment has three components

- Component 1: question paper 1 (multiple choice)
- Component 2: question paper 2
- Component 3: assignment

Progression Routes to Careers: Animals, Land and Environment, Engineering, Hairdressing, Beauty and Wellbeing, Health and Medicine, Science and Maths, Sport, Uniformed and Security Services

Physics N5/Higher



This course is designed to increase your knowledge and understanding of the concepts of Physics and its many applications in modern society. It provides the opportunity to develop skills necessary to find solutions to scientific problems, such as experimenting, investigating and analysing, and gives a deeper insight into the structure of the subject. The course makes a valuable contribution to your general education and provides a sound basis for further study

N5

This course is designed to increase your knowledge and understanding of the concepts of Physics and its many applications in modern society. It provides the opportunity to develop skills necessary to find solutions to scientific problems, such as experimenting, investigating and analysing, and gives a deeper insight into the structure of the subject.

Course Content:

- Electricity and Energy
- Waves and Radiation
- Dynamics and Space

Assessment:

The course assessment has two components worth 120 marks:

- Component 1: question paper – worth 100 marks
- Component 2: assignment – worth 20 marks.

Higher

The course endeavours to provide learning experiences leading to the acquisition of worthwhile knowledge, skills and attitudes which will assist students to make their own reasoned decisions on many issues within a modern society increasingly dependent on Science and Technology.

Course Content:

- Our dynamic Universe
- Particles and waves
- Electricity

Assessment:

The course assessment has three components

- Component 1: question paper 1 (multiple choice)
- Component 2: question paper 2
- Component 3: assignment

Progression Routes to Careers: Animals, Land and Environment, Computing and ICT, Construction, Engineering, Health and Medicine, Science and Maths, Transport and, Distribution, Uniformed and Security Services

Environmental Science N5/Higher



Environmental scientists are involved in tackling issues such as global climate change, pollution, use of land and water resources and changes in wildlife habitats. It involves an understanding of scientific principles, economic influences and political action. This course provides a broad and up to date selection of ideas relevant to the central position of environmental science in society. You will investigate key areas of the living environment such as biodiversity and interdependence. The skills that you learn while studying Environmental Science are valuable in a wide variety of industry sectors including renewable energy, forestry and environmental conservation and agriculture

N5

Environmental science is an interdisciplinary subject, which draws from science and social science subjects. You will learn about how we use the Earth's resources, different ways of producing energy, and the effects of global climate change. This will help you to make your own decisions on contemporary issues where scientific knowledge is constantly developing.

Course Content:

- Living Environment
- Earth's Resources
- Sustainability

Assessment:

The course assessment has two components worth 120 marks:

- Component 1: question paper – worth 100 marks
- Component 2: assignment – worth 20 marks.

Higher

Higher Environmental Science is recognised as a supporting qualification for many institutions offering courses such as science, geography, sustainability and social care, and more. You will also be prepared for further education, training or employment, in areas associated with life sciences.

Course Content:

- Living Environment
- Earth's Resources
- Sustainability

Assessment:

- **Component 1: question paper**
- **Component 2: question paper**
- **Component 3: assignment**

Progression Routes to Careers: Animals, Land and Environment, Information, Culture and Heritage, Science and Maths

Geography N5/Higher



This course is designed to enable you to use geographical analysis to develop a detailed understanding of important aspects of the contemporary world. This involves studying the ways that people and the environment interact and examining the environmental issues that arise in a rapidly changing world. Throughout the course you will have the opportunity to develop a wide range of skills including research, evaluation and presentation, IT, mapping and statistics.

N5

The study of Geography provides students with the opportunity to understand the world around them, through the exploration of the physical properties of the Earth's surface and the human societies spread across it.

Course Content:

- Physical Environment
- Human Environments
- Global Issues

Assessment:

One question paper during the SQA diet worth 70 marks

Higher

The purpose of this course is to add breadth and depth to the conceptual understanding of physical and human environments and their inter-relationships. It also extends evaluative skills and the range of geographical methods and techniques familiar to students.

Course Content:

- Physical Environment
- Human Environments
- Global Issues

Assessment:

Component 1: question paper 1 (Physical and human environments)

Component 2: question paper 2 (Global issues and geographical skills)

Progression Routes to Careers: Animals, Land and Environment, Arts, Social Sciences and Languages, Information, Culture and Heritage.

History N5/Higher



Studying History provides us with an insight into our own lives and of the society and the wider world in which we live. Through an understanding of the concept of continuity, you can better appreciate change and its significance, both in your own times and in the past. It is also intended to enable you to develop skills in explaining historical developments and events, evaluating sources and drawing conclusions.

N5

History, in its broadest sense, is about people of the past and their actions. You will have the opportunity to explore some of the most important moments in the history of mankind to assess how historical figures changed the course of history, for better or for worse.

Course Content:

- Historical Study: Scottish
- Historical Study: British
- Historical Study: European and World

Assessment:

There are two parts to the course: a question paper exam worth 80 marks; and an assignment worth 20 marks. The assignment is completed during class time

Higher

The Course is designed to enable students to develop skills in historical understanding and analysis through structured and extended writing and through the interpretation, evaluation and comparison of sources of historical evidence. In addition, candidates are encouraged to take more independent responsibility for their own learning.

Course Content:

- Historical Study: Scottish
- Historical Study: British
- Historical Study: European and World

Assessment:

- Exam paper
- Extended Essay

Progression Routes to Careers: Public Administration, Business Management, Creative Industries, Law, Museum work, Teaching and Journalism.

National Progression Award: Criminology SCQF 6



Criminology is the scientific study of crime, including its causes, responses by the criminal justice system, and methods of prevention. You will study the nature and extent of crime, and crime control strategies

SCQF Level 6

This National Progression Award (NPA) allows learners to study criminology, including the complex nature of crime and the problems of measuring crime. The course is aimed at those wishing to pursue a career in law or police studies. It develops an understanding of the criminal justice system and provides bite-sized chunks of learning. The award focuses on areas such as the nature and extent of crime, and forensic psychology.

Course Content and Assessment:

Criminology: Nature and Extent of Crime

Crime in Society

Criminology : Crime Control Strategies

Throughout the course you will be continually assessed and you will

- Evaluate aspects of criminology
- Develop an understanding of the criminal justice system
- Develop an understanding of the contribution of criminology to the modern world and human behaviour
- Develop an open-minded, critical and evaluative approach to study.
- Gain knowledge and understanding of the importance of evidence-based research, including investigation and research skills
- Gain knowledge of competing views, perspectives, theories and evidence relating to the causes of crime
- Gain insight into the way crime and criminal justice operates

Progression Routes to Careers: Medical and Healthcare, Education, Uniformed Services, Social Work

Practical Woodwork (CDT) N4/N5



This course will give you a broad introduction to practical woodworking skills. You will learn the correct use of tools and equipment, and a range of materials, processes and techniques. And, you will be able to read and interpret diagrams, and work safely in a workshop-based setting. You will get to use some creative skills, and plan your activities through to completing a finished product in wood.

N4

In this course you will develop manual dexterity and control skills in a specialist practical craft. You will learn about the correct use of a range of tools, equipment and materials. And, you will learn how to work effectively alongside others in a workshop environment.

In all three units you will develop an appreciation of safe working practices in a workshop setting. And, you will look at environmental issues and good practice in recycling in a woodworking context.

Course Content:

- Carcase Construction
- Machining and Finishing
- Flat-frame Construction
- Making a Finished Product from Wood

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

The course provides opportunities for candidates to initiate and develop their own ideas graphically. It allows them to develop skills in reading and interpreting graphics produced by others. Candidates continue to develop graphic awareness, often in complex graphic situations, expanding their visual literacy.

The course is practical, exploratory and experiential in nature.

Course Content:

- Carcase Construction
- Machining and Finishing
- Flat-frame Construction

Assessment:

The course assessment has two components totalling 130 marks:

- Component 1: question paper – worth 60 marks
- Component 2: practical activity – worth 70 marks.

Progression Routes to Careers: Art and Design, Communications and Media, Construction, Housing, Property and Facilities, Manufacturing Industries, Performing Arts

Practical Metalwork (CDT) N4/N5



This course will give you a broad introduction to practical metalworking skills. You will learn the correct use of tools and equipment, and a range of materials, processes and techniques. And, you will be able to read and interpret diagrams, and work safely in a workshop-based setting. You will get to use some creative skills, and plan your activities through to completing a finished product in metal.

N4

The Course provides opportunities for learners to gain a range of practical metalworking skills and to use a variety of tools, equipment and materials. It allows them to plan activities through to the completion of a finished product in metal. The Course also gives learners the opportunity to develop thinking, numeracy, employability, enterprise and citizenship skills.

Course Content:

- Bench Skills
- Machine Processes
- Fabrication and Thermal Joining
- Making a Finished Product from Metal

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

In this course you will develop manual dexterity and control skills in a specialist practical craft. You will learn about the correct use of a range of tools, equipment and materials. The skills you learn in this course are also useful to other areas such as woodworking. And, you will learn how to work effectively alongside others in a workshop environment. The course is practical, exploratory and experiential in nature.

Course Content:

- Bench Skills
- Machine Processes
- Fabrication and Thermal Joining

Assessment:

The course assessment has two components totaling 130 marks:

- Component 1: question paper – worth 60 marks
- Component 2: practical activity – worth 70 marks.

Progression Routes to Careers: Art and Design, Communications and Media, Construction, Engineering, Garage Services, Manufacturing Industries, Transport and Distribution

Skills for Work:

Early Learning and Childcare N5



Educating or caring for young children is a very rewarding career. You are in a position to develop and enhance the lives of children and young people, and your enthusiasm will sow seeds which can grow right through life! Early Learning and Childcare offers good opportunities for students who enjoy: working with children, communicating with others, organising activities, using their imagination

SCQF Level 5

This Course is designed as an introduction to Early Education and Childcare at National 5 and gives students an understanding of the demands and responsibilities of working in the sector. This course will develop a wide range of skills including research skills, the ability to evaluate their planning and preparation of play experiences and the ability to set realistic and achievable goals for personal development.

Course Content:

The Course will be delivered within the school and students will have opportunities to practice their skills by running crèches and childcare facilities at various school events.

Students will study three compulsory Units:

- Child Development and Health
- Play in Early Education and Childcare
- Working in Early Education and Childcare

Students also study the optional Unit:

- First Aid

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Childcare and Education, Social, Caring and Advisory Services, Teaching and Classroom Support

Fashion and Textiles N5



Studying Fashion and Textile Technology lets you develop an understanding of textile properties, characteristics and technologies, item development, fashion/textile trends and factors that affect fashion choice. The course particularly emphasises the development of practical skills and textile construction techniques to make detailed fashion/textile items, to an appropriate standard of quality.

SCQF Level 5

On this course you will develop practical skills and textile construction techniques to make detailed fashion/textile items, to an appropriate standard of quality. You will also develop an understanding of textile properties, characteristics and technologies, item development, fashion/textile trends and factors that affect fashion/textile choice.

The course also enables you to develop important skills, attitudes and attributes related to fashion and textiles that are transferable to other contexts including problem-solving skills and communication skills.

It may also contribute towards the development of numeracy skills through the measurement of textiles and the timing of production.

Course Content:

- Textile Technologies
- Fashion/Textile Item Development
- Fashion and Textile Choices

Assessment:

The course assessment has three components totalling 115 marks:

- Component 1: question paper – worth 30 marks
- Component 2: assignment – worth 40 marks
- Component 3: practical activity – worth 45 marks.

- **Progression Routes to Careers: Art and Design, Clothing and Textiles, Fashion or Textile Design, Performing Arts**

Skills for Work: Hospitality N5



The hospitality sector covers several aspects of employment, including management, reception and accommodation services. There is a shortage of skilled staff in this area, so job prospects are good. Hospitality offers good opportunities for those who enjoy:

- working with the public
- planning events
- learning practical skills.

We are excited to be working with local organisations and professionals in supporting this course.

SCQF Level 5

The SCQF Level 5 has been devised around the existing Skills for Work Hospitality programme so as well as building essential skills within the hospitality sector you will also have opportunities to work alongside our industry partners. Developing both practical and theoretical knowledge and skills whilst working in a kitchen and front-of-house which will enable you to assist in the planning, preparation and delivery of events. You will research and learn about the various types of establishments and employment opportunities available within the 4th largest employment sector in the UK. This course will provide you with skills and knowledge required to work in the kitchen and in front of house operations within catering/hospitality establishments. You will get an introduction to customer service, food hygiene and health and safety so you can apply these in your practical activities.

Course Content:

There are four units:

- Developing Skills for Working in Hospitality
- Developing Skills for Working in the Professional Kitchen
- Front of House Operations
- Hospitality Events

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Animals, Land and Environment, Health and Medicine, Hospitality, Leisure and Tourism, Manufacturing Industries, Science and Maths, Sport

National Progression Award: Rural Skills N5



This course will provide you with an in-depth introduction to some of the land-based disciplines and can include Estate Maintenance, Crop Production, Soft Landscaping, Animal Handling, Animal Husbandry and Employability Skills for Land-based Industries.

SCQF Level 5

The course allows all learners to begin to develop some of the basic practical skills necessary to work in most of the land-based disciplines as well as an opportunity to explore the very diverse employment prospects that exist in land-based industries. Content includes agriculture, countryside management, and landscape horticulture. A deeply practical course that has a huge impact on our area and future.

Course Content:

There are three units:

- Rural Business Investigation (mandatory unit)

Then two routes to choose from: (other routes are available with discussion with your teacher including Equine Studies, Forestry and Horticulture)

Animal Care

- Accommodation and Handling
- Small Animal Feeding

Estate Skills

- Estate Skills
- Soft Landscaping: General Plantings

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Animals, Land and Environment, Health and Medicine, Hospitality, Leisure and Tourism, Manufacturing Industries, Science and Maths

Skills for Work: Maritime Skills N5



The maritime sector includes people who work in commercial sea fishing, marine leisure businesses, ports and harbours, as well as those working in the Merchant Navy and Royal Navy. Scotland has played an important role in maritime history and the maritime sector is still important to the Scottish economy. About 52% of jobs in sea fishing in Scotland are in the Highlands and Islands.

SCQF Level 5

National 5 Skills for Work: Maritime Skills is an introductory qualification. It develops the skills, knowledge and attitudes, needed for work in the industry.

The Course provides a broad experiential introduction to maritime skills.

Candidates will explore a variety and range of career opportunities – local, national and global – in the maritime sector, including commercial sea-fishing, the Royal Navy, the Merchant Navy, inland waterways and marine leisure, ports and harbours

Course Content:

There are five units:

- Seamanship: An Introduction
- Maritime Environment: An Introduction
- Small Boat Engineering
- Health and Safety in the Maritime Sector
- Employability Skills and Careers in the Maritime Sector

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Animals, Land and Environment, Health and Medicine, Hospitality, Leisure and Tourism, Manufacturing Industries, Science and Maths

Skills for Work: Travel and Tourism N5



Travel and tourism is an important part of the Scottish and UK economy, Hospitality, leisure, travel and tourism accounts for over 209,000 jobs in Scotland, around 10% of the jobs in this sector in the UK. It includes a wide range of jobs from tour guide and travel consultant to tourist information assistant and conference managers. And, of course, there are the staff who work overseas with Scottish and UK tourists travelling abroad for holidays and business trips.

SCQF Level 5

This Course is designed to provide an introductory qualification in travel and tourism which reflects the initial skills required for the travel and tourism industry. The Course will enable learners to experience, develop and reflect on general and specific practical skills, knowledge and understanding, together with employability skills and attitudes needed to work in the travel and tourism in industry. What will you learn?

- careers in the travel and tourism industry and the skills you would need to work in them
- job seeking skills relevant to the industry
- problem-solving and dealing with customer issues
- developing travel itineraries (planned routes or journeys)
- providing information on accommodation, activities, events and attractions

Course Content:

There are four units:

- Travel and Tourism: Employability
- Travel and Tourism: Customer Service
- Travel and Tourism: Scotland
- Travel and Tourism: UK and Worldwide

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Animals, Land and Environment, Health and Medicine, Hospitality, Leisure and Tourism, Manufacturing Industries, Science and Maths

SQA Award in Scots Language

SCQF 4/5



Did you know that Scots is not “just slang” – it is a rich language in its own right? This course examines how Scots was formed and develops your understanding and ability to use the language. Find out how the Vikings gave us words like “braw” and “bairn”, or how ancient tribes affected the words we use today. Learn to read and write in Full broad Scots, and gain an understanding of our own history and heritage!

SCQF 4 & 5

Scots has a variety of dialects and, in its various forms, remains the first language of many Scottish people today. It also has a distinguished literary and oral tradition stretching from the early Middle Ages to the present time. It is not only a language of historical interest but also a living language of contemporary relevance to those who speak it and to those who want to understand Scotland’s history, culture and people.

For those who use the language today, the Scots Language Award at SCQF levels 4 and 5 will help them develop their ability to communicate, think critically and use their own language creatively. They will also gain a deeper insight into their own history and cultural heritage.

Course Content:

There are two main units:

- Scots Language: History and Development
- Scots Language: Understanding and Communicating

Assessment:

There are internal assessments (for each unit). There is no external assessment

Progression Routes to Careers: Administration and Management, Arts, Social Sciences and Languages, Communications and Media, Information, Culture and Heritage, Law and Uniformed and Security Services

SQA Leadership Award SCQF 5 or 6



The Leadership Award develops knowledge of leadership skills, styles and qualities. It is designed for learners who take, or plan to take, a leading role in their activities. Available at SCQF Levels 5 and 6, the Award allows individuals to build self confidence and self esteem and encourages learners to respect the cultures and beliefs of others working alongside them. The Leadership Award is endorsed by the Chartered Management Institute

SCQF 5 & 6

In this course, the emphasis is on learning through doing and it is an opportunity for you to find out more about yourself and others. This course allows you to build your self-confidence and self-esteem, further develop your team working and communication skills and respect the cultures and beliefs of others working alongside you.

This course aims to develop your understanding of what it means to be a leader. You will take a leading role in an activity of your choice and reflect on your choices, challenges and leadership style over the course of the year.

Course Content:

There are two units within this award.

Unit 1 – Leadership in Theory. In this unit pupils develop a clear understanding of leadership. They do this by:

- Looking at different styles of leadership;
- Comparing leaders to identify what makes a good leader;
- Completing a self-evaluation to identify their own strengths and leadership style.

Unit 2 – Leadership in Practice. In the second unit pupils undertake an activity that will improve and develop their leadership abilities. The activity can be competed as an individual or a part of a team. It can also take place in school or within an out of school club/ hobby.

Assessment:

There are internal assessments (for each unit). There is no external assessment

Progression Routes to Careers: Administration and Management, Arts, Social Sciences and Languages, Communications and Media, Information, Culture and Heritage, Law and Uniformed and Security Services

College Courses and Highland Digital School Courses



There are a variety of courses available for you to study in columns C, D and E that are offered through online learning either through University of the Highlands and Islands (College) OR through the new Highland Council Digital School. Students choosing these courses should be driven to learn, be digitally minded and use to working with motivation.

UHI College Courses

- Aquaculture
- Social Services Children and Young People SCQF 6
- Psychology N5
- Psychology H
- Business Management H
- Social Services and Healthcare SCQF 6
- Built Environment SCQF 5
- Computing Science N5

[Click here for more info re the courses](#)

Highland Digital School

- Media Studies N5
- Media Studies H
- German H
- Health Sector SCQF 5
- Spanish N5
- Spanish H
- Chemistry N5
- Chemistry H

[Click here for more info re the courses](#)

These courses are only open for S5 and S6 pupils



Name: _____

Class: _____

Career Aspiration: _____

S5/S6 Course Option

	A	B	C		D		E	
Maths N5/H		English N5/H	History N5/H		Hospitality N5		Geography N5/H	
Apps for Maths N5/H		Leadership Award SCQF 5/6	Physics N5/H		Rural Skills N5		Biology N5/H	
Study		Study	Environmental Science N5/H		Music N5/H		Art N5/H	
			Fashion and Textiles N5		Maritime Skills N5		Business Studies N5/H	
			P.E. N5/H		Travel and Tourism N5		Spanish N5/H	
			Media Studies N5/H		German (H)		Chemistry (N5)	
			Chemistry (H)		Health Sector SCQF 5		Criminology SCQF 6	
			German (N5)		Social Services Children & Young People SCQF 6		Built Environment SCQF 5	
			Aquaculture SCQF 4		Psychology (H)		Computing Science (N5)	
			Scots Language SCQF 4/5/6		Business Man (H)		Psychology (N5)	
			Childcare N5		Social Services & Healthcare SCQF 6			
					Chemistry (N5/H)			

In Columns C, D and E please number subjects 1, 2 and 3 (1 as in your first option for that column, 2 as your second option and 3 as your 3rd option)

Courses in **YELLOW** are courses delivered through the new **DIGITAL SCHOOL**. Courses in **GREEN** are courses delivered online through UHI. Students choosing one of these courses should be driven to learn, be digitally minded and use to working with motivation.

National Qualifications are named as N5 or H beside the courses. Courses that mention SCQF are courses that use continuous assessment and either have 5 (Equivalent to N5) OR 6 (Equivalent to Higher) beside their names e.g. SCQF 5 or SCQF 6

Signed by Student:

Signed by Parent/Carer:

Other information



When choosing your subjects make sure that you a) you have an interest in that area b) you can see yourself focused in that class and c) you want to know more about that subject. Do not pick the subject just because you a) like the teacher or b) your friend is doing it too!

Once you have discussed your course options with your parents/carers and you have an idea of what you would like to do in each column then discuss it with Mr Price-Davies too, he can help with any questions you may have. If you have any subject related questions speak to your teacher about them.

Websites to help you with making your choices

[My World of Work](#)

[Skills Development Scotland](#)

For those thinking of applying to university or college it is important that you look at the entry requirements for the courses you may want to apply for; some entry requirements ask you have a number of qualifications from one sitting (i.e. sat in the same exam year).

Look through Course booklet

Choose one subject per column

Discuss with parents/carers

Ask Questions

Return signed form on the 15th April

