



Course Option Booklet S3/S4

2024/2025



S3 and S4 Course Options information



Getting it Right for every child is at the heart of what we do at North West Sutherland Schools and from session 2024 we will be changing our curriculum to help raise attainment, support pupils in developing their leadership of learning and offering a wider variety of subjects across the curriculum.

This will be a two year chapter in your education and we hope that you will spend the time in S3 DEVELOPING SKILLS in your chosen subjects before APPLYING these SKILLS in your course work and examinations.

S3 will be a year where you are able to make mistakes, learn about how to hone your skills to succeed and take leadership in your own learning. There will be continual assessment tasks but no focus on end of year results. It's really a time for you to breathe and develop.

S4 will be your examination year and a time to put into practice everything you have learnt in S3. This is your APPLYING SKILLS year. You will be working hard to get the best possible results for you, knowing you have done everything you can to achieve them.

Picking your subjects is never easy and I would urge you to talk this over with your parents to make sure that your subject choices are varied and are a mix of academic and practical subjects - this helps with your progression routes in S5/S6 and beyond.

All students will need to pick English and Maths as well as this year Scottish Studies; The Scottish Studies Award provides opportunities for you to develop your knowledge and understanding of Scotland - its people, languages (such as Scots and Gaelic), society, culture, natural environment and heritage - and to make connections across the curriculum. You will also have core classes in PE, PSE and Humanitarian Education.

This booklet will help you understand the courses and what we can offer you. You will have a meeting with Mr Price-Davies and Mr Naples-Campbell to hear your thoughts on curriculum choice and to give you some advice that may help.

Good Luck!

Mr Naples-Campbell

Qualifications Explained



At our school we offer an array of courses from the Scottish Qualifications Authority (SQA). These courses are sometimes your traditional N5 or Higher Courses but can also be National Progression Awards or Group Awards at SCQF level 4,5 or 6.

The Scottish Credit and Qualifications Framework (SCQF) is Scotland's national qualifications framework. The SCQF supports lifelong learning and can help:

- people of all ages and circumstances to access appropriate education and training over their lifetime, so as to fulfil their personal, social and economic potential
- employers, learners and the general public to understand the full range of Scottish qualifications, how qualifications relate to each other and to other forms of learning, and how different types of qualification can contribute to improving the skills of the workforce

THE SCOTTISH CREDIT AND QUALIFICATIONS FRAMEWORK

This Framework diagram has been produced to show the mainstream Scottish qualifications already credit rated by SQA and HEIs. However, there are a diverse number of learning programmes on the Framework, which, due to the limitations of this format, cannot be represented here. For more information, please visit the SCQF website at www.scqf.org.uk to view the interactive version of the Framework or search the Database.



SCQF Levels	SQA Qualifications		Qualifications of Higher Education Institutions	Apprenticeships & SVQs
12			Doctoral Degree	Professional Apprenticeship
11			Masters Degree, Integrated Masters Degree, Post Graduate Diploma, Post Graduate Certificate	Graduate Apprenticeship Professional Apprenticeship SVQ
10			Honours Degree, Graduate Diploma, Graduate Certificate	Graduate Apprenticeship Professional Apprenticeship
9		Professional Development Award	Bachelors / Ordinary Degree, Graduate Diploma, Graduate Certificate	Graduate Apprenticeship Technical Apprenticeship SVQ
8		Higher National Diploma	Diploma Of Higher Education	Higher Apprenticeship Technical Apprenticeship SVQ
7	Advanced Higher, Awards, Scottish Baccalaureate	Higher National Certificate	Certificate Of Higher Education	Modern Apprenticeship SVQ
6	Higher, Awards, Skills for Work Higher			Modern Apprenticeship Foundation Apprenticeship SVQ
5	National 5, Awards, Skills for Work National 5			Modern Apprenticeship SVQ
4	National 4, Awards, Skills for Work National 4	National Certificate	National Progression Award	SVQ
3	National 3, Awards, Skills for Work National 3			
2	National 2, Awards			
1	National 1, Awards			

Business Management N4/N5



Anyone who wants to know more about how a business operates and the skills and resources that are required to run a business.

It is one of the most useful subjects for anyone considering applying for an Accountancy or Business degree or hoping to run their own business.

N4

Business plays an important role in society. We all rely on businesses and entrepreneurs to create wealth, prosperity, jobs and choices. The course is designed to develop learners' understanding of the way in which businesses operate in the current dynamic, changing and economic environments, and to encourage enterprising attitudes.

Course Content:

- Business in Action
- Influences on Business
- Added Value Unit: Business Assignment

Assessment:

Three internal assessments (one for each unit). There is no external assessment

N5

N5 Business Management develops pupils' knowledge of the dynamic, changing, competitive and economic environment of industry and commerce. It develops skills in communicating and presenting business related information to the various stakeholders of an organisation. Developing these skills will enable learners to succeed in life with determination and the ability to think logically.

Course Content:

- Understanding Business
- Management of People and Finance
- Management of Marketing and Operations.

Assessment:

An examination which is worth 90 marks and coursework which consists of an assignment worth 30 marks.

Progression Routes to Careers: Administration and Management. Animals, Land and Environment, Buying, Selling and Related Work, Communication and Media, Finance, Hospitality, Leisure and Tourism and Housing, Property and Facilities

Art & Design N4/N5



Art and Design features in many aspects of our everyday lives, from the advertising posters we see on our streets to the special effects we see in films. Almost everything we see or touch has been designed to be visually attractive including mobile phones, clothes, cars, buildings and websites.

The skills that you develop in Art and Design are useful in many different careers, such as architecture: interior design, fashion and textiles, graphics, web design and photography.

N4

Art and Design is a practical, hands-on subject that develops your creativity and imagination, and your artistic skills. You will learn how to use a range of art and design materials and techniques. And, you will learn the skills involved in planning, producing and presenting art and design work. You will also find out how artists and designers work, and how factors like their environment and culture have an impact on their work.

Course Content:

- Expressive Unit
- Design Unit
- Art and Design Practical Activity

Assessment:

Three internal assessments (one for each unit). There is no external assessment

N5

The National 5 course is portfolio based and is practical and experiential. Pupils will develop their knowledge of Art and Design practice studying artists and designers in parallel to further enhancing their media handling skills. Pupils are encouraged to use their imagination to broaden their creativity and evaluative and problem solving abilities to support them develop skills for learning life and work.

Course Content:

- Expressive Folio
- Design Folio
- Written Exam

Assessment:

The Design and Expressive Folios are worth 40% each (totaling 80% of the course) and the written exam is worth 20%

Progression Routes to Careers: Art and Design, Computing and ICT, Construction, Creative Industries, Hairdressing, Beauty and Wellbeing, Information, Culture and Heritage and Manufacturing Industries

Music N4/N5



Emphasis is placed on practical activities and there is considerable scope for personalisation and choice through the activities of **composing, understanding, performing and evaluating music** in both individual and group situations. The course is an exciting but challenging one and learners should be aware that a high level of commitment will be required to get the best results. Commitment to attending extra rehearsals at particular times during the course for the performance element of the course is required.

N4

Music is a practical, hands-on subject that develops your creativity and imagination, and your musical skills. You will have the opportunity to perform a variety of music in solo and/or group settings using your voice or your chosen instrument(s).

You will also develop your skills in composing, arranging and improvising music, and learn about the social and cultural factors that influence music

Course Content:

- Music Performing
- Understanding Music
- Composition

Assessment:

Three internal assessments (one for each unit). There is no external assessment

N5

Students studying a course in music should be capable or willing to learn to play 2 instruments. As well as performing, students are also required to learn about musical styles and cultures. The knowledge gained from learning about structure, melody and harmony will benefit students in many ways, including completing composition projects.

Course Content:

- Music Performing
- Understanding Music
- Composition

Assessment:

Question Paper - 35%

Composition: 15%

Instrument One Performance: 25%

Instrument Two Performance: 25%

Progression Routes to Careers: Creative Industries, Health and Wellbeing, Education.

Physical Education N4/N5



The main purpose of the Course is to develop and demonstrate movement and performance skills. The central theme of the course is to learn ways to improve individual performances through training, monitoring and reflection. Pupils must have at least 2 sports which they are able to perform equally.

N4

Physical Education is a practical subject that develops your physical movement and performance skills. You may experience a range of activities such as indoor and outdoor team games, racquet sports, fitness related activities, athletics and water sports. You will learn about the factors that affect performance and ways to develop your personal performance

Course Content:

- Performance Skills
- Factors Impacting on Performance
- Physical Education Performance

Assessment:

Three internal assessments (one for each unit). There is no external assessment

N5

The main purpose of the Course is to develop and demonstrate movement and performance skills in physical activities. By engaging in physical activities, learners can demonstrate initiative, decision-making and problem-solving. The Course also encourages learners to develop a positive attitude towards a healthy lifestyle, and the contribution that physical activity makes to this.

Course Content:

- Performance Skills
- Factors Impacting on Performance

Assessment:

The course assessment has two components totaling 120 marks:

- Component 1: portfolio – worth 60 marks
- Component 2: performance – worth 60 marks.

Progression Routes to Careers: Health and Medicine, Creative Industries, Education, Performing Arts, Sport, Uniformed and Security Services

English N4/N5



English develops skills in reading, writing, talking and listening. It improves our ability to communicate and to understand. This enables us to engage with the world and lead a full and productive life. The skills that you learn in English will serve you well for the rest of your life and will touch every single area of your life. English will help you to become a more effective communicator and better able to analyse what you read, watch or listen to, as well as articulating what you think and feel. It will enable you to develop skills for learning, life and work

N4

This course helps you understand how language works, and how to use it to communicate ideas and information in English. You will get to use creative and critical thinking to produce ideas and arguments, and to develop critical literacy skills as well as personal, interpersonal and team working skills. You will also develop an appreciation of Scotland's literary and linguistic heritage.

Course Content:

- Analysis and Evaluation
- Creation and Production
- Literacy
- English Assignment

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

This course helps you understand the complexities of language through studying a wide range of texts, including studying the use vocabulary, word patterns, text structures and style. You will develop high levels of analytical thinking and understanding of the impact of language.

Course Content:

- Analysis and Evaluation
- Creation and Production

Assessment:

The course assessment has three components totaling 100 marks:

- Component 1: question paper: Reading for Understanding, Analysis and Evaluation – worth 30 marks
- Component 2: question paper: Critical Reading – worth 40 marks
- Component 3: Portfolio - Writing – worth 30 marks

Progression Routes to Careers: Arts, Social Sciences and Languages, Communications and Media, Creative Industries, Information, Culture and Heritage, Law, Teaching and Classroom Support

Spanish N4/N5



Learning a new language allows you to connect with different people and their cultures. You think, communicate and create ideas through language. Spanish is useful for both business and travel. Around 400 million people worldwide speak Spanish, especially in South American countries such as Mexico and Venezuela. Spain is a beautiful country rich in history and culture, making it a popular holiday destination for British people. And, Spain is also an important trading partner of the UK. Many companies need employees who are fluent in one or more European languages.

N4

This course gives you the chance to improve your skills in reading, listening, talking and writing in Spanish, important for learning, work and life. You will also learn to understand how language works and how to get across information and ideas. You will study a wide range of different types of texts in different media. You will also learn to think critically and creatively and develop cultural awareness.

Course Content:

- Understanding Language
- Using Language
- Spanish Assignment

Assessment:

Three internal assessments (one for each unit). There is no external assessment

N5

The National 5 Spanish course enables learners with some knowledge of the subject to gain a better understanding of the language. You will be exposed to the language over a length to acquire greater fluency in topics within the contexts of society, culture, learning and employability.

Course Content:

- Reading and Writing; Listening
- Assignment – Writing
- Performance – Talking

Assessment:

The course assessment has five components totaling 120 marks:

- Three Question Papers; One for Listening, One for Reading, One for Writing
- Assignment - writing – worth 20 marks
- Performance - talking – worth 30 marks.

Progression Routes to Careers: Arts, Social Sciences and Languages, Hospitality, Leisure and Tourism, Information, Culture and Heritage, Transport and Distribution, Uniformed and Security Services

Mathematics N4/N5



Mathematics is important in everyday life, allowing us to make sense of the world around us and to manage our lives. Using mathematics enables us to model real-life situations and make connections and informed predictions. It equips us with the skills we need to interpret and analyse information, simplify and solve problems, assess risk and make informed decisions. You will also get to develop skills in the areas of algebra, geometry and trigonometry as well as learn elementary calculus

N4

In this course you will build on your previous mathematical experience. You will learn to interpret information and solve problems relevant to real life and mathematical situations. You will use, explore and manage mathematical language and ideas, which are all important in scientific and research work.

Course Content:

- Expressions and Formulae
- Relationships
- Numeracy
- Mathematics Test

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

The overall aim of the course is to develop a range of mathematical operational and reasoning skills that can be used to solve mathematical and real-life problems. The course develops important mathematical techniques which are critical to successful progression beyond National 5 in Mathematics and many other curriculum areas.

Course Content:

- Expressions and Formulae
- Relationships
- Applications

Assessment:

The course assessment has two components totaling 90 marks:

- Component 1: question paper 1 (non-calculator) – worth 40 marks
- Component 2: question paper 2 – worth 50 marks.

Progression Routes to Careers: Animals, Land and Environment, Buying, Selling and Related Work, Computing and ICT, Construction, Engineering, Finance, Health and, Medicine, Science and Maths, Teaching and Classroom Support, Transport and Distribution.

Apps for Mathematics N4/N5



This course explores the applications of maths techniques and skills in everyday situations including financial matters, statistics and measurement. The skills, knowledge and understanding you will learn in this course will support learning in other curriculum areas such as technology, health and wellbeing, science and social science.

N4

As well as being important in its own right, Mathematics has applications in many other subjects, particularly in science and engineering. This course will help you to acquire mathematical and numerical skills and apply them in a variety of real-life situations. You will develop skills in logical reasoning, analysis, problem solving, creativity, and the ability to think in abstract ways

Course Content:

- Managing Finance and Statistics
- Geometry and Measures
- Numeracy
- Applications of Mathematics Test

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

Through real-life contexts, you will learn how to apply mathematical operational skills that are directly relevant to life and work. You will develop your mathematical reasoning skills, your creativity, and your ability to draw conclusions and make and justify decisions.

Course Content:

- Numeracy skills
- Financial Skills
- Statistical skills
- Measurement skills
- Geometric skills
- Geographical data & probability skills

Assessment:

The course assessment has two components totaling 90 marks:

- Component 1: question paper 1 (non calculator) – worth 35 marks
- Component 2: question paper 2 – worth 55 marks.

Progression Routes to Careers: Animals, Land and Environment, Buying, Selling and Related Work, Computing and ICT, Construction, Engineering, Finance, Health and, Medicine, Science and Maths, Teaching and Classroom Support, Transport and Distribution.

Biology N4/N5



Biology is the study of all living things, from the tiniest organisms to the largest lifeforms. You will learn how nature and the human body work, and how different forms of life eat, make energy and reproduce. You will also find out how Biology is helping to find solutions to world problems

N4

Biology is a practical, hands-on subject that develops your skills of scientific enquiry, and helps you to solve problems and make decisions. You will learn about plants, animals and people. You will find out how population growth is affecting the variety of life on earth (known as biodiversity). You will develop your skills in carrying out biological experiments in laboratories.

Course Content:

- Cell Biology
- Multicellular Organisms
- Biology: Life on Earth
- Biology Assignment

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

Biology is a hands-on that develops your skills of scientific inquiry, and analytical thinking, along with knowledge and understanding, by undertaking practical activities in the classroom/local environment. You will research issues and communicate information related to their findings, which will develop your skills of scientific literacy

Course Content:

- Cell Biology
- Multicellular Organisms
- Biology: Life on Earth

Assessment:

The course assessment has two components worth 120 marks:

- Component 1: question paper – worth 100 marks
- Component 2: assignment – worth 20 marks.

Progression Routes to Careers: Animals, Land and Environment, Hairdressing, Beauty and Wellbeing, Health and Medicine, Science and Maths, Sport, Uniformed and Security Services

Chemistry N4/N5



Chemistry is vital to everyday life and allows us to understand and shape the world in which we live. You will learn about the applications of chemistry in everyday contexts such as medicine, energy and industry, as well as its impact on the environment and sustainability. You will learn how to think creatively and independently, and analyse and solve problems.

N4

You will learn about how we use the Earth's resources, the chemistry of everyday products and environmental analysis. You will find out how chemistry affects our environment and our everyday lives. This will help you to make your own decisions on contemporary issues where scientific knowledge is constantly developing.

Course Content:

- Chemical Changes and Structure
- Nature's Chemistry
- Chemistry in Society
- Chemistry Assignment

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

You will learn about how we use the Earth's resources, the chemistry of everyday products and environmental analysis. You will find out how chemistry affects our environment and our everyday lives. This will help you to make your own decisions on contemporary issues where scientific knowledge is constantly developing.

Course Content:

- Chemical Changes and Structure
- Nature's Chemistry
- Chemistry in Society

Assessment:

The course assessment has two components worth 120 marks:

- Component 1: question paper – worth 100 marks
- Component 2: assignment – worth 20 marks.

Progression Routes to Careers: Animals, Land and Environment, Engineering, Hairdressing, Beauty and Wellbeing, Health and Medicine, Science and Maths, Sport, Uniformed and Security Services

Physics N4/N5



This course is designed to increase your knowledge and understanding of the concepts of Physics and its many applications in modern society. It provides the opportunity to develop skills necessary to find solutions to scientific problems, such as experimenting, investigating and analysing, and gives a deeper insight into the structure of the subject. The course makes a valuable contribution to your general education and provides a sound basis for further study

N4

From the sources of the energy we use to the exploration of space, advances in Physics mean that our view of what is possible is continually progressing. You will have the opportunity to design and carry out experiments and investigations to help you understand the role of Physics in scientific issues and in our lives.

Course Content:

- Electricity and Energy
- Waves and Radiation
- Dynamics and Space
- Physics Assignment

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

This course is designed to increase your knowledge and understanding of the concepts of Physics and its many applications in modern society. It provides the opportunity to develop skills necessary to find solutions to scientific problems, such as experimenting, investigating and analysing, and gives a deeper insight into the structure of the subject.

Course Content:

- Electricity and Energy
- Waves and Radiation
- Dynamics and Space

Assessment:

The course assessment has two components worth 120 marks:

- Component 1: question paper – worth 100 marks
- Component 2: assignment – worth 20 marks.

Progression Routes to Careers: Animals, Land and Environment, Computing and ICT, Construction, Engineering, Health and Medicine, Science and Maths, Transport and, Distribution, Uniformed and Security Services

Environmental Science N4/N5



Environmental scientists are involved in tackling issues such as global climate change, pollution, use of land and water resources and changes in wildlife habitats. It involves an understanding of scientific principles, economic influences and political action. This course provides a broad and up to date selection of ideas relevant to the central position of environmental science in society. You will investigate key areas of the living environment such as biodiversity and interdependence. The skills that you learn while studying Environmental Science are valuable in a wide variety of industry sectors including renewable energy, forestry and environmental conservation and agriculture

N4

Environmental Science is a practical subject that helps us to develop ways of preventing or reversing damage to the natural environment. You will learn about changes in wildlife habitats, and sustainable ways of managing our use of land and water resources. This will help you to make your own decisions on contemporary issues where scientific knowledge is constantly developing.

Course Content:

- Living Environment
- Earth's Resources
- Sustainability
- Environmental Science Assignment

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

Environmental science is an interdisciplinary subject, which draws from science and social science subjects. You will learn about how we use the Earth's resources, different ways of producing energy, and the effects of global climate change. This will help you to make your own decisions on contemporary issues where scientific knowledge is constantly developing.

Course Content:

- Living Environment
- Earth's Resources
- Sustainability

Assessment:

The course assessment has two components worth 120 marks:

- Component 1: question paper – worth 100 marks
- Component 2: assignment – worth 20 marks.

Progression Routes to Careers: Animals, Land and Environment, Information, Culture and Heritage, Science and Maths

Geography N4/N5



This course is designed to enable you to use geographical analysis to develop a detailed understanding of important aspects of the contemporary world. This involves studying the ways that people and the environment interact and examining the environmental issues that arise in a rapidly changing world. Throughout the course you will have the opportunity to develop a wide range of skills including research, evaluation and presentation, IT, mapping and statistics.

N4

You will study the features of the earth – such as mountains, rivers and seas – and how they were formed. You will learn how to use a range of equipment and techniques such as map reading, data collection, ICT and problem-solving. You will find out about cultures and backgrounds of people from all over the world. There will be opportunities for practical activities, including fieldwork.

Course Content:

- Physical Environment
- Human Environments
- Global Issues
- Geography Assignment

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

The study of Geography provides students with the opportunity to understand the world around them, through the exploration of the physical properties of the Earth's surface and the human societies spread across it..

Course Content:

- Physical Environment
- Human Environments
- Global Issues

Assessment:

One question paper during the SQA diet worth 70 marks

Progression Routes to Careers: Animals, Land and Environment, Arts, Social Sciences and Languages, Information, Culture and Heritage.

History N4/N5



Studying History provides us with an insight into our own lives and of the society and the wider world in which we live. Through an understanding of the concept of continuity, you can better appreciate change and its significance, both in your own times and in the past. It is also intended to enable you to develop skills in explaining historical developments and events, evaluating sources and drawing conclusions.

N4

History helps you to understand the world. You will study topics from Scottish, British, European and world history, including aspects of political, social, economic and cultural history. You will learn how to investigate, analyse and evaluate sources in order to understand and explain historical events. You will learn how to research and present information on historical developments

Course Content:

- Historical Study: Scottish
- Historical Study: British
- Historical Study: European and World
- History Assignment

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

History, in its broadest sense, is about people of the past and their actions. You will have the opportunity to explore some of the most important moments in the history of mankind to assess how historical figures changed the course of history, for better or for worse.

Course Content:

- Historical Study: Scottish
- Historical Study: British
- Historical Study: European and World

Assessment:

There are two parts to the course: a question paper exam worth 80 marks; and an assignment worth 20 marks. The assignment is completed during class time

Progression Routes to Careers: Public Administration, Business Management, Creative Industries, Law, Museum work, Teaching and Journalism.

Practical Woodwork (CDT) N4/N5



This course will give you a broad introduction to practical woodworking skills. You will learn the correct use of tools and equipment, and a range of materials, processes and techniques. And, you will be able to read and interpret diagrams, and work safely in a workshop-based setting. You will get to use some creative skills, and plan your activities through to completing a finished product in wood.

N4

In this course you will develop manual dexterity and control skills in a specialist practical craft. You will learn about the correct use of a range of tools, equipment and materials. And, you will learn how to work effectively alongside others in a workshop environment.

In all three units you will develop an appreciation of safe working practices in a workshop setting. And, you will look at environmental issues and good practice in recycling in a woodworking context.

Course Content:

- Carcase Construction
- Machining and Finishing
- Flat-frame Construction
- Making a Finished Product from Wood

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

The course provides opportunities for candidates to initiate and develop their own ideas graphically. It allows them to develop skills in reading and interpreting graphics produced by others. Candidates continue to develop graphic awareness, often in complex graphic situations, expanding their visual literacy.

The course is practical, exploratory and experiential in nature.

Course Content:

- Carcase Construction
- Machining and Finishing
- Flat-frame Construction

Assessment:

The course assessment has two components totalling 130 marks:

- Component 1: question paper – worth 60 marks
- Component 2: practical activity – worth 70 marks.

Progression Routes to Careers: Art and Design, Communications and Media, Construction, Housing, Property and Facilities, Manufacturing Industries, Performing Arts

Practical Metalwork (CDT) N4/N5



This course will give you a broad introduction to practical metalworking skills. You will learn the correct use of tools and equipment, and a range of materials, processes and techniques. And, you will be able to read and interpret diagrams, and work safely in a workshop-based setting. You will get to use some creative skills, and plan your activities through to completing a finished product in metal.

N4

The Course provides opportunities for learners to gain a range of practical metalworking skills and to use a variety of tools, equipment and materials. It allows them to plan activities through to the completion of a finished product in metal. The Course also gives learners the opportunity to develop thinking, numeracy, employability, enterprise and citizenship skills.

Course Content:

- Bench Skills
- Machine Processes
- Fabrication and Thermal Joining
- Making a Finished Product from Metal

Assessment:

Four internal assessments (one for each unit). There is no external assessment

N5

In this course you will develop manual dexterity and control skills in a specialist practical craft. You will learn about the correct use of a range of tools, equipment and materials. The skills you learn in this course are also useful to other areas such as woodworking. And, you will learn how to work effectively alongside others in a workshop environment. The course is practical, exploratory and experiential in nature.

Course Content:

- Bench Skills
- Machine Processes
- Fabrication and Thermal Joining

Assessment:

The course assessment has two components totaling 130 marks:

- Component 1: question paper – worth 60 marks
- Component 2: practical activity – worth 70 marks.

Progression Routes to Careers: Art and Design, Communications and Media, Construction, Engineering, Garage Services, Manufacturing Industries, Transport and Distribution

National Certificate: Sport and Fitness SCQF 5



This is a TWO Year course and only available for S3 students. Our NC Sport & Fitness course at Level 5 is a mixture of practical and theory based learning. Those achieving the whole award would receive 72 SCQF points – three times that of a whole individual National 5 course. Some of the units covered include: Sporting Activity Participation and Performance, Sports Officiating and Organisation, Human Anatomy, Physiology and Physical Activity, Contemporary Fitness and Exercise Training Methods: An Introduction, Communication, and information and Communication Technology.

SCQF Level 5

The sport and fitness market continues to expand and this course will provide with a general introduction to the sport and leisure industries and to fitness, health and exercise. This is a nationally recognised SQA programme, where you will gain a National Certificate in Sport and Fitness.

The course is a combination of practical and theory. You will develop essential skills for working in the leisure and fitness industry, including team work, leadership and fitness trends. You'll build confidence and knowledge in various practical subjects such as basketball, football, rugby and athletics, and discover the underpinning knowledge around subjects including nutrition, anatomy and physiology.

The course will enable you to progress on to further study or employment in the leisure industry.

Course Content: Mandatory Units (plus other units to make up the credits needed)

- Contemporary Fitness and Exercise Training Methods: An Introduction
- Developing Leadership within Physical Activities
- Human Anatomy, Physiology and Physical Activity
- Nutrition, Health and Wellbeing
- Teamwork through Sport and Recreation Activity

Assessment:

All are internal assessments (one for each unit). There is no external assessment

Progression Routes to Careers: Health and Medicine, Creative Industries, Culture and Leisure, Performing Arts, Sport, Uniformed and Security Services

Skills for Work: Early Learning and Childcare N5



Educating or caring for young children is a very rewarding career. You are in a position to develop and enhance the lives of children and young people, and your enthusiasm will sow seeds which can grow right through life! Early Learning and Childcare offers good opportunities for students who enjoy: working with children, communicating with others, organising activities, using their imagination

SCQF Level 5

This Course is designed as an introduction to Early Education and Childcare at National 5 and gives students an understanding of the demands and responsibilities of working in the sector. This course will develop a wide range of skills including research skills, the ability to evaluate their planning and preparation of play experiences and the ability to set realistic and achievable goals for personal development.

Course Content:

The Course will be delivered within the school and students will have opportunities to practice their skills by running crèches and childcare facilities at various school events.

Students will study three compulsory Units:

- Child Development and Health
- Play in Early Education and Childcare
- Working in Early Education and Childcare

Students also study the optional Unit:

- First Aid

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Childcare and Education, Social, Caring and Advisory Services, Teaching and Classroom Support

National Progression Award: Film and Media SCQF 5



In recent years there has been growth in Film production in Scotland, supported by an increased demand for high quality productions across streaming services. This has led to new screen studio developments and expansion of existing facilities in Scotland and a recognised shortage of workers with the necessary craft skills. This course will introduce learners to the film and media industries and provide an understanding of job roles and functions within the sector and the commercial and cultural factors affecting the film industry. Learners will be introduced to cultural codes and narrative conventions in film. The course will also raise awareness of industry standards and practice, and application of digital skills through a series of practical film projects

SCQF Level 5

The course consists of 4 units which will focus on building practical skills in camerawork and filmmaking, as well as developing an understanding of the media and film industries. Pupils will spend a large part of the course planning, filming and editing their own film project. They will also learn about the Media industry and will study professionally produced films. They will be expected to be able to work well with others, as part of a team, as well as being able to work independently when required.

The course will help them develop both practical and analytical skills. They will:

- learn how to use filming equipment including cameras, microphones and editing software.
- learn the terminology used in the film industry.
- learn how to analyse a film and to think about how meaning is created.
- Discover more about some of the many jobs involved in the film and TV industry

Course Content:

- Media: An Introduction to Film and the Film Industry
- Creative Project
- Creative Industries: Practical Skills Development
- Media: An Introduction to the Media Industry

Assessment:

Four internal assessments (one for each unit). There is no external assessment

Progression Routes to Careers: Art and Design, Communications and Media, Law, Computing and ICT, Journalism, Creative Industries, Performing Arts

Fashion and Textiles N5



Studying Fashion and Textile Technology lets you develop an understanding of textile properties, characteristics and technologies, item development, fashion/textile trends and factors that affect fashion choice. The course particularly emphasises the development of practical skills and textile construction techniques to make detailed fashion/textile items, to an appropriate standard of quality.

SCQF Level 5

On this course you will develop practical skills and textile construction techniques to make detailed fashion/textile items, to an appropriate standard of quality. You will also develop an understanding of textile properties, characteristics and technologies, item development, fashion/textile trends and factors that affect fashion/textile choice.

The course also enables you to develop important skills, attitudes and attributes related to fashion and textiles that are transferable to other contexts including problem-solving skills and communication skills.

It may also contribute towards the development of numeracy skills through the measurement of textiles and the timing of production.

Course Content:

- Textile Technologies
- Fashion/Textile Item Development
- Fashion and Textile Choices

Assessment:

The course assessment has three components totalling 115 marks:

- Component 1: question paper – worth 30 marks
- Component 2: assignment – worth 40 marks
- Component 3: practical activity – worth 45 marks.

- **Progression Routes to Careers: Art and Design, Clothing and Textiles, Fashion or Textile Design, Performing Arts**

Skills for Work: Hospitality N5



The hospitality sector covers several aspects of employment, including management, reception and accommodation services. There is a shortage of skilled staff in this area, so job prospects are good. Hospitality offers good opportunities for those who enjoy:

- working with the public
- planning events
- learning practical skills.

We are excited to be working with local organisations and professionals in supporting this course.

SCQF Level 5

The SCQF Level 5 has been devised around the existing Skills for Work Hospitality programme so as well as building essential skills within the hospitality sector you will also have opportunities to work alongside our industry partners. Developing both practical and theoretical knowledge and skills whilst working in a kitchen and front-of-house which will enable you to assist in the planning, preparation and delivery of events. You will research and learn about the various types of establishments and employment opportunities available within the 4th largest employment sector in the UK. This course will provide you with skills and knowledge required to work in the kitchen and in front of house operations within catering/hospitality establishments. You will get an introduction to customer service, food hygiene and health and safety so you can apply these in your practical activities.

Course Content:

There are four units:

- Developing Skills for Working in Hospitality
- Developing Skills for Working in the Professional Kitchen
- Front of House Operations
- Hospitality Events

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Animals, Land and Environment, Health and Medicine, Hospitality, Leisure and Tourism, Manufacturing Industries, Science and Maths, Sport

National Progression Award: Rural Skills N5



This course will provide you with an in-depth introduction to some of the land-based disciplines and can include Estate Maintenance, Crop Production, Soft Landscaping, Animal Handling, Animal Husbandry and Employability Skills for Land-based Industries.

SCQF Level 5

The course allows all learners to begin to develop some of the basic practical skills necessary to work in most of the land-based disciplines as well as an opportunity to explore the very diverse employment prospects that exist in land-based industries. Content includes agriculture, countryside management, and landscape horticulture. A deeply practical course that has a huge impact on our area and future.

Course Content:

There are three units:

- Rural Business Investigation (mandatory unit)

Then two routes to choose from: (other routes are available with discussion with your teacher including Equine Studies, Forestry and Horticulture)

Animal Care

- Accommodation and Handling
- Small Animal Feeding

Estate Skills

- Estate Skills
- Soft Landscaping: General Plantings

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Animals, Land and Environment, Health and Medicine, Hospitality, Leisure and Tourism, Manufacturing Industries, Science and Maths

Skills for Work: Maritime Skills N5



The maritime sector includes people who work in commercial sea fishing, marine leisure businesses, ports and harbours, as well as those working in the Merchant Navy and Royal Navy. Scotland has played an important role in maritime history and the maritime sector is still important to the Scottish economy. About 52% of jobs in sea fishing in Scotland are in the Highlands and Islands.

SCQF Level 5

National 5 Skills for Work: Maritime Skills is an introductory qualification. It develops the skills, knowledge and attitudes, needed for work in the industry.

The Course provides a broad experiential introduction to maritime skills.

Candidates will explore a variety and range of career opportunities – local, national and global – in the maritime sector, including commercial sea-fishing, the Royal Navy, the Merchant Navy, inland waterways and marine leisure, ports and harbours

Course Content:

There are five units:

- Seamanship: An Introduction
- Maritime Environment: An Introduction
- Small Boat Engineering
- Health and Safety in the Maritime Sector
- Employability Skills and Careers in the Maritime Sector

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Animals, Land and Environment, Health and Medicine, Hospitality, Leisure and Tourism, Manufacturing Industries, Science and Maths

Skills for Work: Travel and Tourism N5



Travel and tourism is an important part of the Scottish and UK economy, Hospitality, leisure, travel and tourism accounts for over 209,000 jobs in Scotland, around 10% of the jobs in this sector in the UK. It includes a wide range of jobs from tour guide and travel consultant to tourist information assistant and conference managers. And, of course, there are the staff who work overseas with Scottish and UK tourists travelling abroad for holidays and business trips.

SCQF Level 5

This Course is designed to provide an introductory qualification in travel and tourism which reflects the initial skills required for the travel and tourism industry. The Course will enable learners to experience, develop and reflect on general and specific practical skills, knowledge and understanding, together with employability skills and attitudes needed to work in the travel and tourism in industry. What will you learn?

- careers in the travel and tourism industry and the skills you would need to work in them
- job seeking skills relevant to the industry
- problem-solving and dealing with customer issues
- developing travel itineraries (planned routes or journeys)
- providing information on accommodation, activities, events and attractions

Course Content:

There are four units:

- Travel and Tourism: Employability
- Travel and Tourism: Customer Service
- Travel and Tourism: Scotland
- Travel and Tourism: UK and Worldwide

Assessment:

Assessment in this Course will be based on a range of practical workshop activities, supported by assessor observation checklists and candidate self-checking of quality.

Progression Routes to Careers: Animals, Land and Environment, Health and Medicine, Hospitality, Leisure and Tourism, Manufacturing Industries, Science and Maths

Scottish Studies SCQF 4/5



This course will allow you to develop your knowledge and understanding of Scotland – its people, languages (such as Scots and Gaelic), society, culture, natural environment and heritage – and to make connections across the curriculum. You can study aspects of three subject areas in a Scottish context.

SCQF 4 & 5

The study of Scotland – in terms of its people, languages (for example, Scots and Gaelic), society, culture, natural and built environment, and heritage – provides many opportunities for learners to develop their skills, knowledge and understanding, and to make connections across the curriculum. This is due to the fact that Scotland and its people have made, and continue to make, significant contributions in many areas of society both at home and abroad. These contributions have had, and will continue to have, lasting effects in areas such as the sciences, engineering, literature and language, the arts, business, industry and the media. Scottish society is diverse, encompassing people from a wide range of cultures and historical backgrounds. Through emigration and immigration, Scotland's people and culture have influenced, and in turn been influenced by, the people and cultures of many other countries. The physical environment of Scotland is also diverse and attracts visitors from around the world.

Course Content:

Everyone will study one core unit:

- Scottish Studies: Scotland in Focus

Then they will study a further three units that will be taught alongside their chosen subjects (and these units will have a Scottish focus e.g. English: Analysis and Evaluation with a Scottish Context OR Music: Performing Skills with a Scottish Context).

Assessment:

Four internal assessments (one for each unit). There is no external assessment

Progression Routes to Careers: Administration and Management, Arts, Social Sciences and Languages, Communications and Media, Information, Culture and Heritage, Law and Uniformed and Security Services



Name:

Class:

Career Aspiration:

S3/S4 Course Option

A	B	C	D	E	F	G
English	Maths	Scottish Studies	Biology	Chemistry	Physics	Hospitality
	Apps for Maths		Business St	Geography	History	Rural Skills
			Music	Spanish	P.E.	Maritime Skills
			CDT	Art	Environmental Science	Travel and Tourism
			Film	Sport and Fitness (NC)	Fashion and Textiles	
					Child Care	

Students should choose one subject per column in D, E, F and G. For S3 students they will spend the year developing their skills in these courses before undertaking a National Qualification in that subject in S4. S4 pupils will undertake their National Qualification in academic year 2024/2025.

The Column G courses are highly practical courses and will involve work with outside partners and the local community.

In Columns D, E, F and G please number subjects 1, 2 and 3 (1 as in your first option for that column, 2 as your second option and 3 as your 3rd option)

Signed by Student:

Signed by Parent/Carer:

Other information



When choosing your subjects make sure that you a) you have an interest in that area b) you can see yourself focused in that class and c) you want to know more about that subject. Do not pick the subject just because you a) like the teacher or b) your friend is doing it too!

Once you have discussed your course options with your parents/carers and you have an idea of what you would like to do in each column then discuss it with Mr Price-Davies too, he can help with any questions you may have. If you have any subject related questions speak to your teacher about them.

Websites to help you with making your choices

[My World of Work](#)

[Skills Development Scotland](#)

[N5s in a Nutshell](#)

Your pathways to university/college/work has already started and it continues on this important journey when deciding your next steps for coursing. This doesn't mean you need to know what you want to do when you leave school but it's important to remember that the next time you make choices it will be for N5s/Highers/NPAs in S5. There is no wrong path. Work hard and do your best is all we ask.

Look through Course booklet

Choose one subject per course

Discuss with parents/carers

Ask Questions

Return signed form on the 15th April

